

LEARNING STYLES CHECKLISTS

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CHILD'S NAME: _____ DATE: _____

X		VISUAL
	1	Learns by seeing, watching, demonstrations
	2	Generally unaware of sounds; distracted by visual disorder or movement
	3	Stares when angry, cries easily, beams when happy, facial expression is good
		index of emotion
	4	Quiet; does not talk at length; impatient when much listening required; may
		use words clumsily
	5	Remembers faces, forgets names, takes notes
	6	Deliberate, plans in advance, lists problems
	7	Likes description, sometimes stares into space and imagines scene when
		being read to
	8	Recognizes words by sight; relies on word configuration
	9	Good fine motor control
	10	Says "I see what you mean."
		Tally points and compare to other styles

X	AUDITORY
	Learns through verbal instructions from others or self (talks to self while
	working)
	Easily distracted by sounds
	Shouts with joy or anger; blows up verbally but soon calms down; expresses
	emotion through changes in tone, volume and pitch
	Enjoys listening, but can't wait to talk; descriptions are long but repetitive; likes
	hearing self/others
	Remembers names, forgets faces; remembers auditory repetition
	Talks problems out; tries solutions verbally or subvocally
	Enjoys dialogue. Unaware of illustrations
	Easily uses phonics; has auditory word attack skills
	Tends to write lightly, says stroke when writing
	Says "I hear what you mean."
	Tally points and compare to other styles

X	KINESTHETIC
	Learns by doing – direct involvement
	Not attentive to visual, auditory presentations, seems distractible
	Jumps for joy, hugs, tugs and pulls when happy, stamps, pounds when angry
	Gestures when speaking, stands close, doesn't listen well
	Remembers best what was done, not what was talked about or seen
	Attacks problems physically; impulsive; selects solutions with the greater
	Prefers stories where action occurs early; fidgets when reading
	Often is a poor speller, writes words to determine if they "feel" right
	Pushes hard on pencil; has difficulty in small writing activities
	Breathe lower in their abdomen; therefore, often have a lower voice. Get a
	"feel" for something
	Tally points and compare to other styles